

## **FITTER FUTURES CANDIDATE MENTOR – JOB OPPORTUNITY**

EMD UK are looking to recruit a mentor to support a candidate on the Fitter Futures programme.

One candidate on the Fitter Futures programme is close to completing their Level 2 Group Exercise to Music qualification, and we are now recruiting a mentor to support them when they are ready to start Phase 2 of the project. Please note the role is on a casual basis and will only commence once the candidate has fully completed Phase 1 of the project.

The candidate is based in Oldham, Greater Manchester therefore we are looking for a mentor who works locally or willing and within a reasonable distance to travel to support them.

Please see below information about the project, as well as the role profile, person specification, and how to apply.

### **What is Fitter Futures?**

Fitter Futures is a project EMD UK are currently piloting, which aims to boost social integration in England by providing funded scholarship & business start up support for women to provide exercise classes in their local communities.

The project aims to help reduce inequalities, especially those faced by women and to bring local communities together through exercise and has been designed to support women currently experiencing inequality and aspiring to better their prospects.

Successful candidates will then provide a valuable service back to their local communities by delivering a range of group exercise sessions in very local, accessible venues. These sessions will be aimed at boosting social integration by bringing people together through the neutral medium of exercising and dancing together.

There are two phases to the project:

- **Phase 1 – Training**

EMD UK are offering a full funded Level 2 Group Exercise qualification to qualifying candidates. Support, guidance and the possibility of further CPD training is also included within the package to set them up for Phase 2.

- **Phase 2 – Delivery**

Once candidates have completed their training, candidates will be offered support and guidance to get set up and start delivering their own group exercise session within their community, supported by a Fitter Futures Candidate Mentor.

**Please refer to the following pages for more information about the role, person specification and how to apply.**

## Role Profile

<b>Title</b>	<b>Fitter Futures Candidate Mentor</b>
Contracted by	EMD UK
Location	Greater Manchester (or within reasonable travel distance to Oldham/ Rochdale)
Contractual Status	Freelance
Contract length	Subject to the candidate's progress in Phase 1 of the project, we are looking for the role to start in September/ October 2020 for the duration of 3-6 months, depending on the needs of the candidate.
Rates	<p>£20-25 per hour, depending on experience. A mixture of face to face (when safe to do so) &amp; online support, up to a maximum of 16 hours across the length of the contract (unless agreed otherwise with EMD UK).</p> <p>Up to £10 contribution to travel expenses per day (practical support days only if location is over 15 miles one way). Claims must be submitted on the EMD UK expense form and will only be accepted if accompanied by valid receipts.</p>
Job Purpose	Responsible for mentoring a Fitter Futures candidate to successfully set up and start delivering group exercise classes in their local community, post Level 2 certification.
Key Tasks and Responsibilities	<ul style="list-style-type: none"> <li>• Provide support &amp; encouragement based on the needs of the candidate, empowering them to resolve problems, and develop strategies to support the growth of their community programme.</li> <li>• Arrange times for the candidate to team teach sections of your regular classes with you (ensure any centre managers are notified and linked with EMD UK in advance of team teaching activity and any operational needs of the facility are met).</li> <li>• Arrange times to observe the candidate delivering their own class and give constructive feedback to monitor and support progress.</li> <li>• Provide business set up support based on the needs of the candidate to enable them to plan and deliver sessions within a community setting. This could include, but is not limited to, financial records and support, sourcing venues, marketing support, licence and insurance requirements.</li> <li>• Provide support to the candidate to reach KPI's for the Fitter Futures programme and feedback to EMD UK on their progress, flagging any risks at the earliest opportunity. This could include supporting with relevant goal setting to support development.</li> <li>• Support EMD UK with the evaluation of the project where relevant to the mentor role.</li> </ul>

## Person Specification

Experience, knowledge, skills & attributes needed for the role:

	Essential	Desirable
Minimum of a Level 2 Group Training to Music or equivalent qualification	✓	
A minimum of 3-5 years' experience, including community delivery/ running a small fitness business	✓	
Exceptional instructing, coaching and motivational skills in a variety of group training environments	✓	
Experience of delivering a range of group training styles such as HIIT, Body Conditioning, Bootcamp, Circuits, Boxing, Dance Fitness	✓	
Experience of delivering a range of group training classes in different environments such as a studio within a health club, an open gym floor area, outside, tennis court, sports hall, community or school hall	✓	
Up to date and relevant knowledge of the fitness industry trends	✓	
Ability and willingness to communicate your own experience to support your mentee	✓	
Approachable, flexible, and an excellent listener	✓	
Clear understanding of the requirements of a mentor	✓	
Trainer Qualification (e.g. Level 3 Education & Training Qualification)		✓

## How to apply

To apply, please send the following to [faye@emduk.org](mailto:faye@emduk.org):

- **CV & cover letter outlining why you are right for the role**
- **Copies of relevant certificates**

**Closing date for applications is Sunday 9<sup>th</sup> August 2020.**

Successful applicants will be notified after the closing date and invited to a video interview. Dates for the video interviews are TBC.

Please note that we will not be able to respond to unsuccessful applicants.